

### Phrases to know

**When you feel a terrible pain in your head, you can say:**

I **have** a headache. = Ik **heb** hoofdpijn.

He / she **has** a headache. = Hij / zij **heeft** hoofdpijn.

**When you have a pain in your leg, you can say:**

His / her leg **hurts**. = Zijn / haar **been doet pijn**.

The nurse says:	You say:	Or normally when you speak:
Your leg is <b>broken</b> .	I <b>have broken</b> my leg.	<b>I've broken</b> my leg.
Your shoulder is <b>twisted</b> .	I <b>have twisted</b> my shoulder.	<b>I've twisted</b> my shoulder.
You <b>have hurt</b> your head.	I <b>have hurt</b> my head.	<b>I've hurt</b> my head.

**My** leg hurts because I fell off my bike.

**Your** feet hurt when **you** walk too much.

**His** heartbeat is high because **he** has done too much running.

**Her** arm is broken and **she** is taken to hospital.

### Nice to know

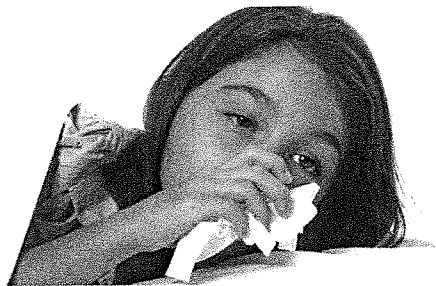
**First aid at school:** If children have hurt themselves at school, they tell a teacher. Schools have a 'First Aid' or 'Medical' room where children can go for help or to get a plaster. If someone is seriously hurt, the teacher might have to call a doctor or an ambulance.

## Words to know

a bandage	een verband
a five-car collision	kettingbotsing met vijf auto's
a headache	hoofdpijn
accident	ongeluk



ankle	enkel
bad	slecht
bite wounds	bijtwonden
chest	borst
chickenpox	waterpokken
disease	ziekte
feel sick	niet lekker voelen
fever	koorts
flu	griep



healthy	gezond
heart	hart
hospital	ziekenhuis
illness	ziekte
injured	gewond
lungs	longen
medicine	medicijn

mumps	de bof
operation	operatie
plaster	gips



shoulder	schouder
skeleton	geraamte
spots	vlekken
stomach ache	maagpijn
temperature	temperatuur
the dentist	de tandarts
the sore spot	de zere plek
tired	moe
to blow your nose	je neus snuiten
to break a bone	een bot breken
to breathe	ademen
to cough	hoesten
to have a cold	verkouden zijn



to hurt	pijn doen
toothache	kiespijn
twisted	verdraaid
victim	slachtoffer